



TESTIMONIALS

“I had a love/hate relationship with my wardrobe in addition to being in complete denial about my body.....until Amy came into my life. With her patient and sensitive understanding, coupled with her sharp and creative eye, she gave me a whole new wardrobe right from my own closet. The experience was so uplifting. I came to love my clothes as if I’d been on a huge shopping spree and I came to love myself in my clothes! She showed me all sorts of ways to mix and match and create from what I had and then made me feel beautiful in everything I put on. She is a true miracle worker. I would recommend her to anyone without reservation.”

~ **Susan “Susie” Bedsow Horgan**, Certified Professional Co-Active Coach (CPC);certified through International Coach Federation and the Coaches Training Institute, Certification in Leadership from the Coaches Training Institute, Emmy Winner, Age 61

“Amy showed up at my home as I was preparing to attend a media conference and present myself and my business to more than 60 TV/Radio producers. As “the Metromom”, I wanted to represent my brand and create a look that was approachable for the women of my community, yet was clearly professional. Coming from the fashion industry, I know what to do for other people, yet often cannot see myself objectively enough to construct a look that reflects my style and personality. In a fun-filled few hours, Amy helped me pull together some great looks from right out of my closet. She combined pieces that I never would have envisioned. One of her great gifts is really getting into my head and supporting me in the style that I want to have. She approaches each customer with great personal attention. Her flair is obvious from the moment you see her. A simple belt detail, the perfect necklace choice and tailoring suggestions are the ingredients that make a look stand out from the ordinary. While at my media conference, many of the producers complimented my outfits saying they really suited my brand and allowed my personality to shine through. What could be better than that? That was huge for me, and a complete credit to Amy’s gift. I can’t wait to get her support each season to recreate new looks.”

~ **Kim DeYoung**, Entrepreneur, Creator of Metromom.com, Age 40



“Being a new mom of a three-month old, I was feeling so frustrated at the thought of going back to work because nothing fit me right, and I didn’t want to spend the money on a whole new wardrobe that hopefully wouldn’t fit me in a few more months. Amy was the answer. We spent several hours going through my closet. She made so many new outfits with what I had right in front of me. She showed me how to embrace the me I am now and not worry about the me I was before I got pregnant. I was so taken with Amy’s energy and enthusiasm. She is amazing at what she does. By the time she left, I was feeling like a new person. Not just a tired new mommy, but a woman who felt amazing in her own skin and in her clothes.”

~ **Andrea Polinsky**, Trade Show Management, Staff Housing Coordinator, Reed Exhibitions, Age 41

“My biggest challenge was being able to dress for my profession comfortably, without allowing my wardrobe selection to age me. Amy was able to quickly and confidentially assess my personality and body style, all the while instructing me on wardrobe selection suitable to me and my professional appearance. At the start of the process, I was very eager to update my wardrobe. I started by removing any items I did not feel comfortable wearing. Amy arrived and the marathon of trying on everything began. I was excited to hear Amy’s thoughts and suggestions as to types of clothing I should be wearing. As we neared the end of my closet, panic set in, as I realized we had tossed out a sizeable section of my closet. Although most had not been worn in 8—10 years, I immediately welcomed the idea of dressing for today, no longer holding onto the past. Amy’s emotional support was tremendous and certainly encouraging during this step. Our shopping excursion renewed my excitement and eagerness to getting a fresh start. With a cart loaded beyond belief, we started marathon number two, trying on all those new potential pieces to my wardrobe. The time went by quickly due to Amy’s organization and fashion knowledge. I thank you for your fashion knowledge, your closet-side manners, your ability to make someone feel wonderful about who they are, how they look and most of all for your patience. Thank you Amy!”

~ **Rosemary P. Clark**, CPA, MST, D R Clark & Associates, LLC

“The word service is such an understatement, Amy. I thought you would open my closets simply telling me what to wear with what. You did so much more. Looking in one of my closets was like seeing a history channel on my life! I saw clothes that I would never wear again, much less imagine that at one time I actually wore them! You were so kind and sensitive to all of that—thank you. You continued to gently remind me that those clothes are no longer a reflection of who I am now. That couldn’t be further from the truth. Yes, you emptied my closets, but that was a favor because I don’t even wear those clothes. You gave me a list of what styles best compliment my figure, my age and who I am. The whole experience was very enlightening for me. It was part of a very healthy shedding process we can go through as we navigate life’s changes. Thank you for helping me dress for the person I am at this time in my life.”

~ **Joann Dunsing**, Joann Dunsing Hypnotherapy



“Amy went through my clothes closet and mixed and matched, put belts on outfits, showed me what to put under certain jackets, what colors to combine, what sleeves to roll up — just on and on creating 30+ new outfits that looked so fashionable on me — I tried on outfits she’s ok’d and then neatly hung things immaculately in my closet. Categorizing the jackets, tops, skirts, pants, belts, etc. She was very detailed in showing me the correct way to button and hang jackets to keep the shape/sweaters folded, and so forth. I have a very neat closet, all ready to pick and pull pieces together easily for picking my daily outfits. With Amy’s help I now have the concept to create many new different combinations with the clothes I ALREADY HAVE IN MY CLOSET — my guess is at least 100 different combinations can be pulled together. She even includes what shoes to wear with each outfit and guided me to know when to wear flats, heels, wedges. I was right to have Amy come into my home. I am all about quality items, quality service. My goal is to wear a new combination/outfit each day.”

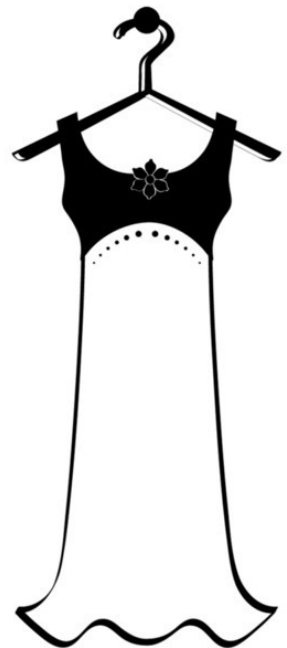
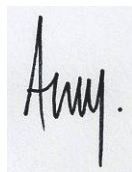
~ **Jaclyn Rothenberg**, Shaklee Representative

“Amy, I absolutely loved my wardrobe consulting session. I can’t believe all the great things you opened my eyes to. I would recommend that anyone have you in their closet. It is like a whole new beginning. Shopping for clothes for me was getting so dull, but now it is a new adventure every time. I explore new types of designers and clothing. I feel younger, and my clothes feel lighter, and like they really belong to me—not just following the norm of everyone else. Amy, you are so patient and honest all at the same time. And you really make a person feel like a ‘princess for the day’ with their own personal shopper. Thank you for being so wonderful and helping me see that my clothes were not ‘suited for me’. I have less in my closet, but more that I am excited to wear. The rebuild of my wardrobe is a work in progress and it is fun to see the neat new look each time I get dressed. Keep changing lives—one skirt at a time.”

~ **Siobhan Becker**, The EOTO Marketing & Communications Solutions Company

Now that you have the idea, you are ready to call me. I can help you decide how to organize your closet, what to keep, what is the correct size for your body, and what areas of your body to highlight.

Then you will see yourself and what is true for you today! Call me!



“Empowered Wardrobe—Empowered Life!”

Fresh Start Wardrobe Consulting

203-988-5137 ~ 203-230-8310

amy@freshstartwardrobeconsulting.com