



TOP TEN EFFECTIVE SHOPPING TIPS

- 1) Shop when you have the time and patience. Don't feel rushed.
- 2) Have your list of items with you when shopping. Put items in categories.
- 3) Map out your strategy for shopping; where, when, what.
- 4) Dress comfortably but put together. Do not dress sloppily.
- 5) Wear a basic that can be matched to a number of items you are trying on.
- 6) Have a budget in mind and stick to it.
- 7) Multi-task in a larger store, whether a department or discount store.
- 8) Know your body type/shape and what styles work best to show off your best features.
- 9) Go shopping alone. Having a friend or relative with you may get you off center of what you are looking for. Shop for yourself at this time. And if you feel you need help, call me and I'll go with you.
- 10) Tell your family that this is your time and to let you have the time to shop. Have your "Do not disturb" sign on.

Now that you have the idea, you are ready to call me. I can help you decide how to organize your closet, what to keep, what is the correct size for your body, and what areas of your body to highlight.

Then you will see yourself and what is true for you today!



“Empowered Wardrobe—Empowered Life!”

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